

Mid American Pompon & Intense Dance

24425 Indoplex Circle
Farmington Hills, MI 48335
(248) 477-5248

Presented by:



21st Annual **Dance & High Kick CHAMPIONSHIP**

Sunday, November 6, 2011 Eastern Michigan University

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Eastern Michigan University Convocation Center, Ypsilanti, MI

WHAT TO EXPECT AT THE DANCE & HIGH KICK CHAMPIONSHIP



Beautiful, clean and spacious venue:
Eastern Michigan University
Convocation Center

Friendly and helpful staff and an
athletic trainer on duty

An organized event; schedule posted
online prior to the event

Awesome souvenirs for the event,
including a FREE coach long-sleeve
event tee

Ribbons for each participant
and a trophy for each team

Verbal critiques recorded
and emailed to each team

High quality competition



ADMISSION INFORMATION

Adults: \$10
Children 5 & over, High School Students
(with proper ID) and Senior Citizens: \$8
Children under 5: FREE

Eastern Michigan University
Convocation Center
799 North Hewitt Road
Ypsilanti, MI 48197

For a map to EMU Convocation Center
visit www.pompon.com
or www.intensedance.com

Jazz * Hip Hop
High Kick * Contemporary Pom

COMPETE WITH THE BEST!



MID AMERICAN POMPON & INTENSE DANCE

present the 21st Annual DANCE & HIGH KICK CHAMPIONSHIP!



In 2010, over 60 dance and pompon teams competed for top honors in jazz, hip hop, contemporary pom and high kick. Don't miss out on your opportunity this year! The Dance & High Kick Championship is creative, colorful, competitive and above all FUN!

Enrollment is open to any dance, pom or drill team from elementary through collegiate level. Dance studios and community teams are also welcome to compete.

WHAT TO EXPECT

Your team may enter in as many of the categories as you choose; Hip Hop, Jazz, Contemporary Pom or High Kick.

The number of team members that perform a routine may vary in each category (i.e. you can have 20 team members compete in High Kick and only 9 compete in Hip Hop). There is a 6 person minimum for each routine.

Teams are divided into categories according to size and level of team (elementary, junior high, junior varsity, varsity, and collegiate).

Categories with 10 or more teams entered will be split into divisions. Divisions will be determined once registration is complete. If there is only one team in a category, (for example, JV Hip Hop) they will be judged against a scale, rather than to automatically receive a 1st place.

Elementary routines will be judged against a scale (not against other teams). It is possible for more than one elementary team to achieve a first place rating, depending upon the quality of the performance.

I continue to be impressed with the professionalism of the Mid American Pompon organization and it's reputable competition standards in judging. It's always a fun, artistic and competitive day that my team and I look forward to every November.

Coach Maria Hernandez, Plymouth Varsity

CATEGORIES & REQUIREMENTS

JAZZ Features technique including leaps and turns (No poms allowed)

HIP HOP Energetic combination of freestyle and precise choreography

HIGH KICK Must include 40 kicks done in unison by the entire team; many times a theme is used to coordinate music, costumes and at times, choreography (No poms allowed)

CONTEMPORARY POM Precise, sharp movements. Includes technique (Poms required)

ROUTINE & MUSIC INFORMATION

Performance floor: Routines will be performed on EMU's Convocation Center's hardwood basketball court..

Lineup: Teams will compete in the reverse order in which their registration and payment is received. (i.e. Teams registering first will compete last in their category.)

Time Limit: 3 minute maximum; 1:45 minute minimum time limit for all routines, including entrance and exit.

Costumes/Uniforms: A uniform look is required. The same costume or a variation of the costume can be used for each category you enter. Dance shoes, gym shoes, or bare feet only on the gym floor (non-marking soles).

Originality: Original choreography means that your team created the movements. Choreography learned at camps, taken from ESPN, competitions or television shows will not enhance a teams' original score.

Poms: Poms must be used in the contemporary pom/dance category.

High Kick: Forty kicks done in unison by all team members must be incorporated into the routine. To be counted as a kick done in unison, a kick waist high or higher must be done by the entire team. (Please note that kicks done in opposition are not counted.)

Music: Music is required for all routines. **Music must be submitted via "Cloud" program found at www.pompon.com by Friday, October 28, 2011.** Please refer questions regarding this to Jillian at jillian@pompon.com. Once your music has been submitted you will receive a confirmation email directly from Cloud. Music must be in an .mp3, .wav, or .wma format. Teams who have not met the Friday, October 28th deadline for music submission will receive an automatic 5 point deduction off their total score. As a back-up, please bring 2 copies of your music to the competition on CD.



SCHEDULE

8:00 - 9:00 am	Test Music (am teams)
9:00 - 9:15 am	Welcome
9:15 - Noon	Dance Competition
12:00 - 1:00 pm	Awards, Lunch, Test Music (pm teams)
1:00 - 4:30 pm	High Kick Competition
4:30 - 5:00 pm	Tally/Break
5:00 pm	Awards

Schedule subject to change depending upon enrollment. The schedule of the day / line-up can be found at www.pompon.com or www.intensedance.com on Thursday, October 27, 2011

REGISTRATION

To register, complete the enclosed registration sheet, include a **school check, certified check, cashiers check, money order or credit card** and send to Mid American Pompon or Intense Dance. Please complete one registration sheet **per team**. Additional registration sheets can be found on the 'Competitions' page at www.pompon.com and www.intensedance.com

COST

The cost per participant for the first category is \$33 (if paying by credit card, \$35). Each additional category is \$75/team.

Judging specifics, a map, and other pertinent information will be emailed to the coach upon receipt of your completed registration and payment.

No refunds are made once a team is registered.

THINKING ABOUT ATTENDING FOR THE FIRST TIME?

Ask about our INTRODUCTORY OFFER for teams who are new to the competition or teams interested in adding Jazz or Contemporary Pom as an additional category for the first time. Please contact jillian@pompon.com to receive your Introductory Offer coupon prior to registering.

REGISTRATION DEADLINE:

Friday, October 21, 2011

Send payment and completed registration form to:

Dance & High Kick Championship
24425 Indoplex Circle
Farmington Hills, MI 48335

Phone: (248) 477-5248

Fax: (248) 477-1133

www.pompon.com

www.intensedance.com

For general questions, please email julie@pompon.com.